## HEALTH & WELLNESS OPPORTUNITIES ACROSS THE STORE

THE VOICE OF FOOD RETAIL

2345 Crystal Drive, Suite 800 Arlington, VA 22202-4801

FMI's Health and Wellness Conference is the only event that brings together food retail pharmacy, nutrition, and marketing and merchandising professionals in a single forum to share information and insights on how stores can provide a one-stop experience for today's health-conscious shoppers.

PARTICIPATION IN THIS **ALL-IN-ONE**CONFERENCE IS YOUR CHANCE TO
MAKE YOUR STORE A **ONE-STOP- SHOPPING** DESTINATION FOR HEALTH
AND WELLNESS.

Register today at fmihealth-wellness.com

# HEALTH & WELLNESS



### **YOUR PATIENTS:** DELIVERING QUALITY PHARMACY SOLUTIONS

### YOUR SHOPPERS: PROVIDING HEALTHY LIVING IDEAS

### YOUR BUSINESS: BUILDING A HEALTH AND WELLNESS DESTINATION

Get ready to learn, share and collaborate with pharmacy, nutrition, technology and manufacturing professionals to identify opportunities across the store. Connect with your patients and shoppers, and grow your business. Don't miss this opportunity to enhance your supermarket's role as a community health and wellness destination and contribute to your own professional development.

 Explore best practices for developing health and wellness initiatives and improving existing programs.

• Stay current on need-to-know pharmacy and healthcare legislative updates and ground-breaking research.

• Share fresh ideas for merchandising health and wellness solutions.

Discover emerging trends and technologies.

### **ATTENDEES INCLUDE:**

• Marketing/Merchandising/Communications Executives

Corporate Dietitians/Nutritionists

• Pharmacy Executives

• Store Operations and GM/HBC Executives

HR Professionals Focusing on Health and Wellness

Suppliers of Pharmacy-Related Products and Services

• Suppliers of Health and Wellness Products and Technologies

RETAIL FOOD & PHARMACY

### HEALTH & WELLNESS

OPPORTUNITIES ACROSS THE STORE

## PHARMACISTS AND DIETITIANS: EARN CE CREDITS!



# THIS **ALL-IN-ONE** CONFERENCE IS YOUR CHANCE TO MAKE YOUR STORE A **ONE-STOP-SHOP** FOR HEALTH AND WELLNESS.

### GENERAL BUSINESS SESSIONS

Industry experts
will share information
to enhance your health
and wellness programs.

### WELLNESS EXPO

Explore new trends, technologies, products and services in the health and wellness and pharmacy fields.

### PHARMACY SUMMIT

Half-day session on improving patient care and medication safety focusing on central pharmacy and clinical processes.

(hosted by The Pharmacy Quality Alliance (PQA))

Fulfill your professional development potential.

### DIETITIAN SUMMIT

Boost retail sales and improve the overall well-being of Americans at Field Trip Factory's Annual Summit, "The Value of the Retail Dietitian."

### FMI/DRUG STORE NEWS INDUSTRY ROUNDTABLE

Join a panel of industry experts to discuss
Activating Health and
Wellness in your
Supermarket."

### BUSINESS EXCHANGE APPOINTMENTS

8 hours of strategic B2B dialogue on new health and wellness business opportunities, products and services.

### BREAKOUT SESSIONS

Education tracks that focus on Your Patients,
Your Shoppers and
Your Business.

### **AGENDA AT A GLANCE**

### SUNDAY, MARCH 18

3:00 p.m. – 5:00 p.m. FMI/Drug Store News Roundtable:

Activating Health and Wellness in the Supermarket

Sponsored by The Emerson Group

Facilitator: Rob Eder, Editor-in-Chief, Drug Store News

5:00 p.m. – 7:00 p.m. Welcome Reception

Sponsored by Teva Pharmaceuticals

**MONDAY, MARCH 19** 

7:00 a.m. – 8:00 a.m. Breakfast Session

Exploring Consumer Attitudes Towards Fruits and Vegetables

Elizabeth Pivonka, Ph.D., R.D., President and CEO,

Produce for Better Health Foundation Sponsored by AmerisourceBergen

8:00 a.m. – 8:15 a.m. Welcome and Opening Remarks

8:15 a.m. – 9:30 a.m. Keynote Address:

The Decision Tree: Taking Control of Your Health in the

New Era of Personalized Medicine

Thomas Goetz, Author and Executive Editor at Wired Magazine

9:30 a.m. – 9:45 a.m. Break

Sponsored by Cardinal Health

9:45 a.m. - 10:45 a.m.

**Breakout Sessions** 

• Your Patients: Pharmacy Legislative and Regulatory Update

• Your Shoppers: Accentuate The Positive—The Bonus of "Plus"— Making Messages Stick, From Super Foods to Simple Steps

• Your Business: Measuring ROI of Your Health and Wellness Programming

10:45 a.m. – 11:00 a.m.

Break

Sponsored by Hormel Foods

11:00 a.m. – 12:00 p.m.

**Breakout Sessions** 

• Your Patients: The Implications of Medicare Part D Ratings for Supermarket Pharmacies

• Your Shoppers: Dietary Supplements—The Science You Need To Know

• Your Business: The Power of Partnerships—Leveraging Industry Collaboration to Impact Consumer Health and the Bottom Line

12:00 p.m. – 1:30 p.m.

Keynote Lunch

Stop, Drop and Roll - Getting The Basics Right on Health and Wellness

Becky Frankiewicz, Vice President, Marketing and Innovation,

Global Nutrition Group, PepsiCo.

Sponsored by PepsiCo.

1:30 p.m. – 5:30 p.m.

Wellness Expo and Business Exchange Appointments

5:30 p.m. – 7:00 p.m.

Cocktail Reception

Sponsored by Kellogg's

**TUESDAY, MARCH 20** 

7:00 a.m. - 8:00 a.m.

**Breakfast Session** 

The U.S. Pharmaceutical Market: What's In, What's Out and What's Ahead

Doug Long, Vice President Industry Relatives, IMS Health, Inc.

Sponsored by IMS Health, Inc.

8:00 a.m. - 9:15 a.m.

Keynote Address:

Peer Pressure: The Secret Weapon for Saving Americans' Health

Tina Rosenberg, Pulitzer Prize-Winning Author Sponsored by The American Heart Association

### TUESDAY, MARCH 20 (continued)

9:15 a.m. - 9:30 a.m. Break

9:30 a.m. – 10:20 a.m. Breakout Sessions:

• Your Patients: Health Reform and Retail Clinics

• **Your Shoppers:** Leveraging Natural/Organic Brands to Drive Cross-Category/Department Conversion

• Your Business: Addressing Chronic Needs at Retail

10:20 a.m. - 10:35 a.m. Break

10:35 a.m. – 11:25 a.m. Breakout Sessions

• Your Patients: Positioning Your Pharmacy as a Specialty Provider

• Your Shoppers: TBD

• Your Business: Digital Signage and Mobile Innovations—Seizing

Opportunities and Avoiding Pitfalls

11:25 a.m. - 11:40 a.m. Break

11:40 a.m. – 12:30 p.m. Breakout Sessions

• Your Patients: Role of Pharmacy and Pharmacy Benefit Design

in Improving Medication Adherence

• Your Shoppers: Helping Consumers Navigate the Wellness Crossing

• Your Business: How to Engage the Hungry Wellness Shopper

12:30 p.m. – 1:30 p.m. Keynote Lunch

Connecting the Dots for an Insanely Great Health Experience

Marc Braman, MD, MPH, Executive Director/Past President,

American College of Lifestyle Medicine

Sponsored by McCormick

1:30 p.m. – 5:30 p.m. Wellness Expo and Business Exchange Appointments

5:30 p.m. – 7:00 p.m. Cocktail Reception

### **WEDNESDAY, MARCH 21**

7:00 a.m. – 8:30 a.m. Breakfast Session

Reimagining Health and Wellness

June Jo-Lee, Senior Director, Strategic Insights, The Hartman Group

8:30 a.m. – 9:30 a.m. Breakout Sessions

• Your Patients: Pharmacy Claims Audits

• Your Shoppers: Using Rewards and Reminders for

Healthy Lifestyles and Margins

• Your Business: The Shape of America's Shopping Basket

9:30 a.m. – 9:45 a.m. Break

9:45 a.m. - 10:45 a.m. Breakout Sessions

• Your Patients: Medication Therapy Management—Opportunities

for Supermarket Pharmacies

• Your Shoppers: The Gluten-Free Diet-Implications

for Your Customers AND Your Bottom Line

• Your Business: Inspiring Family Meals

11:00 a.m. – 4:00 p.m. Dietitian Summit

Sponsored by The Field Trip Factory

11:00 a.m. – 4:00 p.m. Pharmacy Summit

Sponsored by The Pharmacy Quality Alliance (PQA)

### FEATURED BREAKOUT SESSIONS



### YOUR PATIENTS: DELIVERING QUALITY PHARMACY SOLUTIONS

#### PHARMACY LEGISLATIVE AND REGULATORY UPDATE

Join us for an informative overview of federal legislation and regulation affecting community pharmacy. Learn more about changes in Medicare Part D and Part B programs and new regulations relating to CMS, DEA and FDA. Gain an understanding of the impact of federal elections on healthcare reform.

**John M. Coster**, Ph.D., R.Ph., Senior Vice President of Government Affairs and Director of the Center for Community Pharmacy Advocacy, National Community Pharmacists Association

Cathy Polley, R.Ph., Vice President, Health & Wellness, Food Marketing Institute

### THE IMPLICATIONS OF MEDICARE PART D STAR RATINGS FOR SUPERMARKET PHARMACIES

The Centers for Medicare & Medicaid Services (CMS) publishes annual ratings of Medicare prescription drug plans that include several measures of medication safety and adherence. These measures will take on greater significance in 2012 as CMS implements a Quality-Based Payment (QBP) system. Discover how to identify strategies for improving medication safety and adherence.

Dr. David Nau, Senior Director, Pharmacy Quality Alliance

### THE U.S. PHARMACEUTICAL MARKET: WHAT'S IN, WHAT'S OUT, AND WHAT'S AHEAD

Explore the current trends and issues facing today's pharmaceutical market and how they may influence your supermarket pharmacy operations. Gain an overview of current and forecasted market growth and the factors that will affect it.

**Doug Long**, Vice President, Industry Relations, IMS Health, Inc.

#### **POSTIONING YOUR PHARMACY AS A SPECIALTY PROVIDER**

The window of opportunity to leverage retail's advantage in the specialty arena is closing, as retail pharmacies are faced with \$4 generic programs putting pressure on gross dollar margins, loss of blockbuster brand name drugs, limited distribution drugs, REMS and migration of specialty products to other channels. Find out how to develop a strategy and identify competencies to position your pharmacies as specialty providers with patients, prescribers, pharma and payors.

Steve Chaffee, R.Ph., Senior Vice President, Business Development, Diplomat Specialty Pharmacy

### ROLE OF PHARMACY AND PHARMACY BENEFIT DESIGN IN IMPROVING MEDICATION ADHERENCE

Get acquainted with "Million Hearts", a nationwide initiative to prevent one million heart attacks and strokes over the next five years. Improving medication adherence is a key component to making progress in the ABCS – Aspirin for those who need it, Blood pressure control, Cholesterol management and Smoking cessation. Explore the current state and causes of low medication adherence, gain insight into the ABCS nationwide baseline and target measures and learn about innovations in pharmacy practice and pharmacy benefit design that are improving patient care and ABCS goal attainment.

John O'Brien, R. Ph., Senior Advisor and National Field Director, Centers for Medicare & Medicaid Services

### **MEDICATION THERAPY MANAGEMENT: OPPORTUNITIES FOR SUPERMARKET PHARMACIES**

Medication therapy management (MTM) services are increasingly being recognized in the healthcare arena for their value in improving outcomes and reducing costs. This session will provide an update on the types of MTM services being delivered in the marketplace, the emerging healthcare delivery models that are incorporating MTM services, and the factors that are important to creating scalable MTM models.

Anne Burns R.Ph., Senior Vice President, Professional Affairs at American Pharmacists Association

\*These sessions may be eligible for ACPE credit; please see the final CPE activity announcement for specific details.

### YOUR SHOPPERS: PROVIDING HEALTHY LIVING IDEAS

### AC-CEN-TUATE THE POSITIVE. THE BONUS OF "PLUS"--MAKING MESSAGES FROM SUPER FOODS TO SIMPLE STEPS STICK.

According to the International Food Information Council (IFIC) 2011 Food and Health survey, over 60% of Americans would rather hear positive messages about what TO eat rather than negative messages regarding what NOT TO eat. Backed with research findings and offering practical applications, this session highlights specific foods and ingredients and outlines a 'plus' approach to healthy living that targets the forces driving shoppers' food decisions: Foremost taste, followed by price, healthfulness and convenience. Learn about this science-to-strategy approach that uses nutrition science to help shoppers make positive choices for themselves and their families.

Wendy Bazilian, DrPH, MA, RD, ACSM HFS, Nutrition Director and Co-Owner, Bazilian's Health

### DIETARY SUPPLEMENTS: THE SCIENCE YOU NEED TO KNOW

Faced with a media barrage of conflicting information, consumers are more perplexed than ever about dietary supplements. Learn to give simple advice. Hear from a licensed naturopathic physician and integrative medicine specialist how, as dietitians and pharmacists, you can best use sound science-based knowledge, together with electronic and printed resources, to guide shoppers in their choices of safe and effective dietary supplement products.

**Duffy MacKay**, Vice President, Scientific and Regulatory Affairs, Council for Responsible Nutrition

### LEVERAGING NATURAL/ORGANIC BRANDS TO DRIVE CROSS CATEGORY/DEPARTMENT CONVERSION

Consumers of natural food products are more likely than nonconsumers to purchase health and wellness products, presenting a huge retail opportunity in the health and wellness aisle. Explore how natural products provide gateways to steer consumers toward incremental purchasing decisions throughout the store. By working collaboratively across brand and functional silos and employing simple merchandising, promotion and signage strategies, as well as leveraging the power of the pharmacist to educate and inform, natural brands can provide greater penetration of health and wellness offerings, increasing trip value.

David DeSouza, General Manager, Kashi Co.

Nick Vlahos, General Manager, Burt's Bees.

### HELPING CONSUMERS NAVIGATE THE WELLNESS CROSSING

Today's consumers are making Wellness Crossings, and when they do, the way they view and shop for food changes significantly. They are breaking up with brands they've been faithful to for years and finding new solutions that fit their healthier lifestyles. Half of U.S. consumers are now shopping with a health condition in mind. Their traditional way of shopping isn't working anymore and they're frustrated with the lack of compelling alternatives. Using original research that includes a survey of best practices, a new in-store technique called HealthShops™, and, 100 in-depth interviews with Wellness Crossers, this session offers insight as to what's working, what's missing, and provides retailers opportunities to help consumers navigate the Wellness Crossing.

**Scott Page**, Managing Director, Founding Partner, The Well@GSW

**Gretchen Goffe**, Director of Strategy, Founding Partner, The Well@GSW

### THE GLUTEN-FREE DIET - THE IMPLICATIONS FOR YOUR CUSTOMERS AND YOUR BOTTOM LINE

Celiac disease, which requires a strict gluten-free diet, affects 1-2% of the U.S. population. An additional 6% of the population suffers from gluten intolerance or sensitivity. Together, that translated into \$2.6 billion in sales of gluten-free products. Learn how to capitalize on this growing market by improving your knowledge of the disease, products, food labeling guidelines and health issues. Learn how to assist shoppers in purchasing safe and nutritious gluten-free products.

Pam A .Cureton RD, LDN, Clinical Dietitian, Center for Celiac Research, University of Maryland School of Medicine

Register today at fmihealth-wellness.com

Log on to www.fmihealth-wellness.com for the most up-to-date agenda.



### YOUR BUSINESS: BUILDING A HEALTH AND WELLNESS DESTINATION

### MEASURING ROI OF YOUR HEALTH AND WELLNESS PROGRAMMING

Learn how to identify and measure ROI of health and wellness programming for both pharmacy and frontof-store sales. Using data collected from over 1,000 retail-based health and wellness programs nationwide, this session will share analytical methodology that measures both tangible (financial) and intangible (shopper loyalty) ROI. You'll hear case studies that illustrate best practices for selecting the right health and wellness programming for your store.

Tori Tomlinson, President and CEO, U.S. Wellness, Inc.

Alyssa Williamson, Chief Operating Officer, U.S. Wellness, Inc.

### THE POWER OF PARTNERSHIPS: LEVERAGING INDUSTRY COLLABORATION TO IMPACT CONSUMER HEALTH AND THE BOTTOM LINE

Participate in a panel discussion that examines how manufacturers and retailers can partner to help consumers reach their health and wellness goals. Take a closer look at industry best practices for partnering on both health and wellness and corporate responsibility initiatives. Explore new opportunities that go beyond current efforts of manufacturers and retailers, to work effectively and collaboratively to positively impact brands, reputation, sales, and consumer health and wellness purchasing decisions.

**Moderated by: Julie Craven**, Vice President of Corporate Communications, Hormel Foods

### ADDRESSING CHRONIC NEEDS AT RETAIL

Imagine a fully-integrated wellness marketing solution that links the pharmacy patient to the entire store. Patients who fill prescriptions in the pharmacy rarely appreciate, or understand, the complete care solution that awaits them throughout the rest of the store. Some retail operations have recognized this opportunity to build a stronger relationship with patients and convert them to full-store shoppers. This workshop will examine essential building blocks necessary to create and maintain a focus on chronic care that extends beyond the pharmacy to the rest of the store. Explore what's working, what's missing, and what's needed to fully realize the possibilities.

**David J. Wendland**, Vice President, Hamacher Resource Group, Inc.

### DIGITAL SIGNAGE AND MOBILE INNOVATIONS: SEIZING OPPORTUNITIES AND AVOIDING PITFALLS

Emerging technologies are changing the way we promote, sell, account, analyze, and support the guest experience within the grocery store and pharmacy, while digital signage is delivering new interactive promotional energy. Gain insight into the potential financial and brand growth these technologies present, get a better understanding of the stakeholders involved, and the potential hurdles that must be overcome to leverage opportunities and realize your return on investment in an ever-changing technology landscape.

Moderated by: Craig Foster, President, Quantum Services Group, LLC

### HOW TO ENGAGE THE INFORMATION HUNGRY-WELLNESS SHOPPER

Mobile devices, social media, and technology, such as QR codes, give today's connected consumers unprecedented access to health and wellness information. Learn how to leverage social media and mobile marketing techniques to engage the information-hungry consumer and create effective digital wellness programs that educate, inform, and drive sales. Learn through case studies can help you effectively use health and wellness content across marketing channels to drive customer acquisition, increase community, differentiate your voice in a crowded health and wellness landscape, and profit from your investment.

Mr. Bill Schneider, Director of Marketing, Aisle7

### **KEYNOTE SESSIONS**

### **THOMAS GOETZ**

### THE DECISION TREE: TAKING CONTROL OF YOUR HEALTH IN THE NEW ERA OF PERSONALIZED MEDICINE



In The Decision Tree, Thomas Goetz proposes a new strategy for thinking about health, one that applies cutting-edge technology and sound science to put us at the center of the equation. An individual's Decision Tree begins with genomics, where \$400 and a test tube of spit provide a peek at how your DNA influences your health. It taps self-monitoring and collaborative health tools, where iPhone applications and next-generation monitoring gadgets help individuals successfully change their behavior. Full of thoughtful, groundbreaking reporting on the impact personalized medicine will have on the average patient, The Decision Tree shows how you can take advantage of this new frontier in healthcare.

Former FDA commissioner Dr. David Kessler calls The Decision Tree "a game changer," and Dr. Dean Ornish says that Goetz "writes more clearly and presciently about the future of healthcare than anyone on the planet." As executive editor of WIRED Magazine, Goetz writes frequently on the confluence of medicine, health and technology. His work has been selected for both the Best American Science Writing and the Best Technology Writing anthologies. His writing has also appeared in The New York Times Magazine, The New York Times op-ed page, Rolling Stone, and other publications. He has been a commentator for BBC Radio and appeared many times on CNN, CNBC, ABC, and other television outlets.

### **TINA ROSENBERG**

### PEER PRESSURE: THE SECRET WEAPON FOR SAVING AMERICANS' HEALTH



Health in America is becoming a self-inflicted catastrophe. Poor patient adherence, failure to take prescribed medicine and to do things like quit smoking, exercise, and eat healthy foods—is responsible for much of the disease in America. When health systems pay attention to the issue of adherence at all, it is usually by applying ineffective measures. In this eye-opening talk, Tina Rosenberg looks at the powerful ways peer pressure can be the solution to the problem. Offering a way to cut healthcare costs and help Americans live more healthfully, this is a must-see talk.

Pulitzer Prize winner, Tina Rosenberg, has been the recipient of a MacArthur Fellowship and is the author of The Haunted Land, which was awarded both The Pulitzer Prize and The National Book Award. She writes Fixes, an online column on solutions to social problems, at The New York Times. Her speeches challenge audiences to question their ingrained perceptions that peer pressure can only lead to negative outcomes. She offers, instead, a bright new way of changing the world for the better through carefully applied peer pressure-call it "The Social Cure."

### **MONDAY KEYNOTE LUNCH:**

#### STOP, DROP AND ROLL - GETTING THE BASICS RIGHT ON HEALTH AND WELLNESS



Take a deep dive in understanding health and wellness trends in America and what they mean to your business. Gain understanding on what your customers' mindset and beliefs are while examining what communication tactics are working now and what will work for tomorrow's consumer. Learn what you can do now and in the future to improve the dialogue and results.

**Becky Frankiewicz**, Vice President, Marketing and Innovation, Global Nutrition Group, PepsiCo.

### **TUESDAY KEYNOTE LUNCH:**

### CONNECTING THE DOTS FOR AN INSANELY GREAT HEALTH EXPERIENCE



Steve Jobs and Apple reinvented no less than six entire industries by thinking differently and connecting the dots to create a seamless user experience so that "it just works." It is time for the reinvention of healthcare, health and wellness. The pieces necessary for a seamless health experience have been disconnected and broken. The American College of Lifestyle Medicine is thinking differently and bringing the pieces together so that "it just works." It is time to connect the dots.

Marc Braman, MD, MPH, Executive Director / Past President, American College of Lifestyle Medicine

### CONFERENCE INFORMATION

### **CONTACT INFORMATION**

### PROGRAM AND SPONSORSHIPS

Amanda Bond-Thorley abondthorley@fmi.org 202.220.0606

### **REGISTRATION**

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### CONFERENCE LOGISTICS AND WELLNESS EXPO

Ben Quigley bquigley@fmi.org 202.220.0828

#### **BUSINESS EXCHANGE APPOINTMENTS**

Meagan McCrane mmccrane@fmi.org 202.220.0805

### CONTINUING EDUCATION INFORMATION

#### PHARMACY CONTINUING EDUCATION:



LearnSomething, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Activities during this conference are eligible for ACPE credit; please see the final CPE activity announcement for specific details.

### DIETETICS CONTINUING EDUCATION:



FMI is seeking Commission on Accreditation for Dietetics Education (CADE) prior approval for activities during this conference. Please see the final CPE activity announcement for specific details.

NEW in 2012: Print your certificate onsite! Together with our strategic partner, LearnSomething, the leading provider of custom elearning solutions for the food, drug and healthcare industries, FMI will provide attendees the ability to view, print and track your statements of credit online.

#### **HOTEL INFORMATION**

LOEWS ROYAL PACIFIC RESORT AT UNIVERSAL STUDIOS 6300 Hollywood Way Orlando, FL 32819

Reservations can be made online using a link provided on the conference website or via phone at 1-866-360-7395. Please reference the Food Marketing Institute Health and Wellness Conference when making your reservation. The negotiated rate of \$185/night is available until February 23, 2012, after which time rooms will be sold on a space available basis and may be subject to higher rates.

#### **REGISTER ONLINE**

VISIT WWW.FMIHEALTH-WELLNESS.COM

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### **PLATINUM**

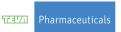


#### **SILVER**









#### **BRONZE**









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