



World Class Teams
"adventures in teambuilding"



How Winning Works

The Essential Elements of Human Synergy



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“The secret is to work less as individuals and more as a team. As a coach, I play not my eleven best but my best eleven.” ~**Vince Lombardi**



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What is Adventure Racing?



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Total Commitment
Empathy and Awareness
Adversity Management
Mutual Respect
We Thinking
Ownership of the Project
Relinquishment of Ego
Kinetic Leadership





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Total Commitment

Teambuilders:

Understand the 4 P's of Commitment

- Planning: Communicate the plan
- Purpose: Inspire through a greater good
- Perseverance: Never let emotion affect locomotion
- Preparation: Luck = Opportunity + Preparation





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Total Commitment

Commitment starts when the fun stops





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Empathy and Awareness

Teambuilders:

- Connect to the person before the point
- Coach vs. Criticize
- Understand that we work for people, not for companies
- Have double vision





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Empathy and Awareness



*We don't follow titles across the desert...
we follow ties.*



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“Change is the only thing that stays the same, it’s our response to that change that dictates our success.”

**~Chief Alan Brunacini,
Phoenix Fire Department**



AMBITION

A Journey Of A Thousand Miles Sometimes Ends Very, Very Badly



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Adversity Management

Teambuilders:

- See challenges vs. roadblocks
- Are ruled by the hope of success vs. the fear of failure
- Accept and embrace adversity as a chance to learn and excel
- Never let the pursuit of perfection hinder progress

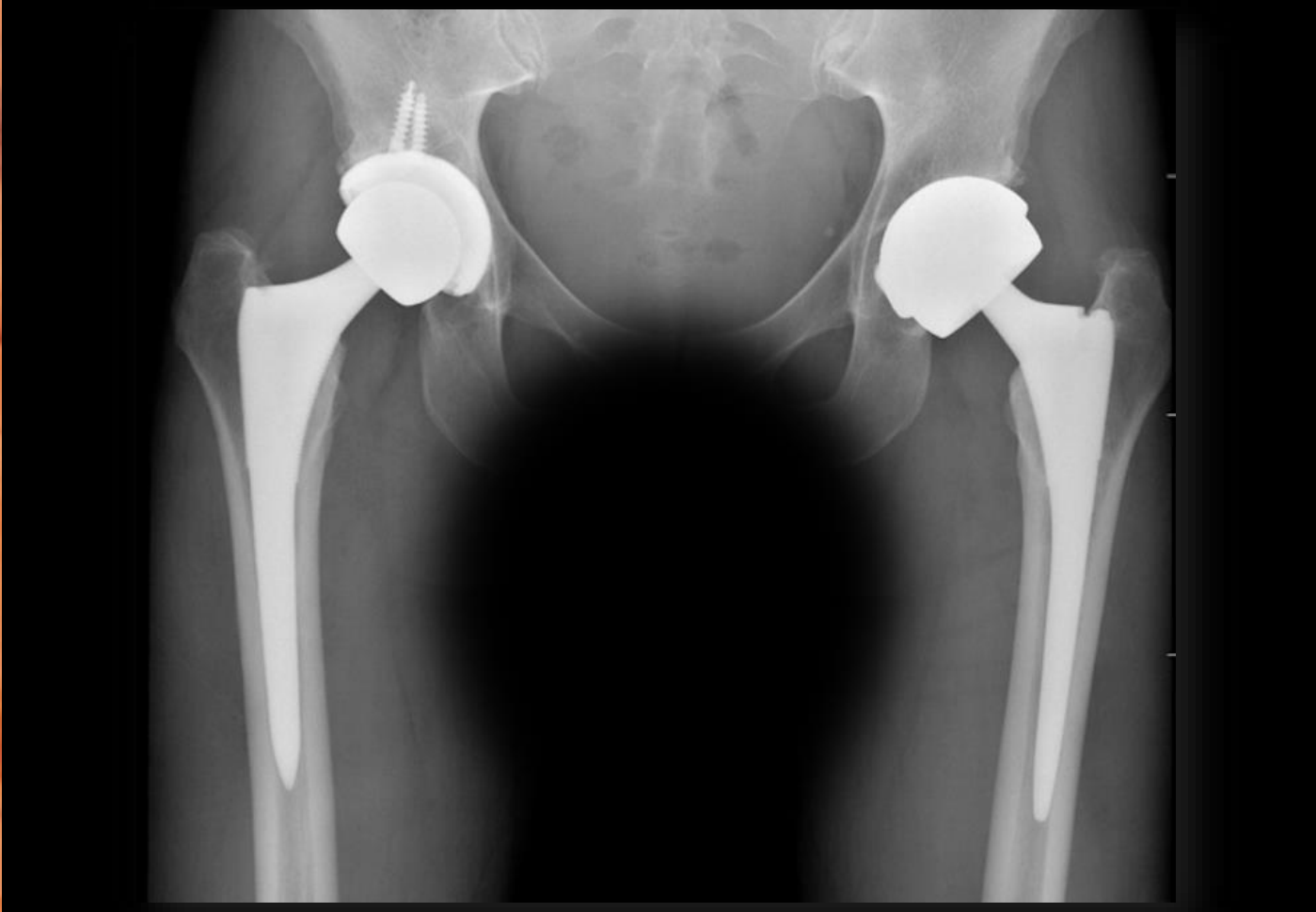






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Adversity Management



"You do what you can for as long can, and when you finally can't, you do the next best thing. You back up but you don't give up."

~Chuck Yeager



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Adversity Management





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PROJECT ATHENA





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Adversity Management

'VERY OFTEN PEOPLE ARE SAYING,
'OK, **I SURVIVED.** BUT NOW WHAT?'
WE WANT TO BE THAT NOW WHAT.'

CNN HERO ROBYN BENINCASA



CNN HEROES
EVERYDAY PEOPLE CHANGING THE WORLD



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Adversity Management





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Adversity Management





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Mutual Respect



"Loyalty means not that I agree with everything you say, or that I believe you are always right. Loyalty means that I share a common ideal with you, and that, regardless of minor differences, we strive for it, shoulder to shoulder, confident in one another's good faith, trust, constancy and affection."

~Dr. Karl Menninger



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Mutual Respect



Teambuilders:

- Remember the "Aluminum Can Theory"
- Mentor unselfishly
- Act like a team, always...
the feelings will follow
- Believe beyond reason
- Give respect as a gift,
not as a grade



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We Thinking

Teambuilders:

- Understand that 'Nobody Wins Alone'
- Suffer equally...all problems are 'ours'
- Seek synergy everywhere





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We Thinking



Photo: Peder Sundström



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Ownership of the Project

Teambuilders:

- Hire the inspired
 - "Motivation is for now, inspiration is forever."*
- Inspire the hired
 - Discover core needs
 - Employ a democratic leadership style
 - Value unique competencies





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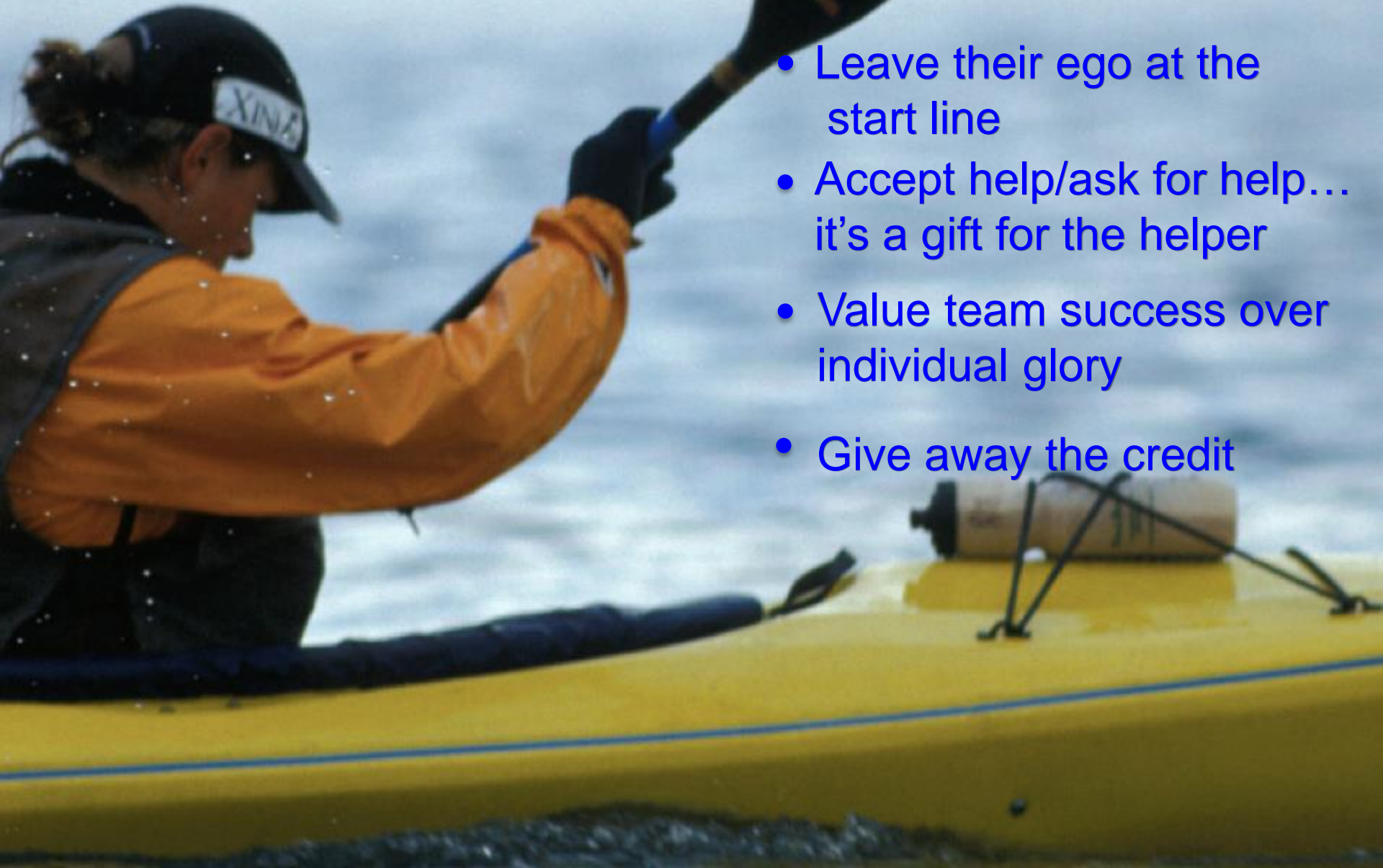


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Relinquishment of Ego

Teambuilders:

- Leave their ego at the start line
- Accept help/ask for help... it's a gift for the helper
- Value team success over individual glory
- Give away the credit



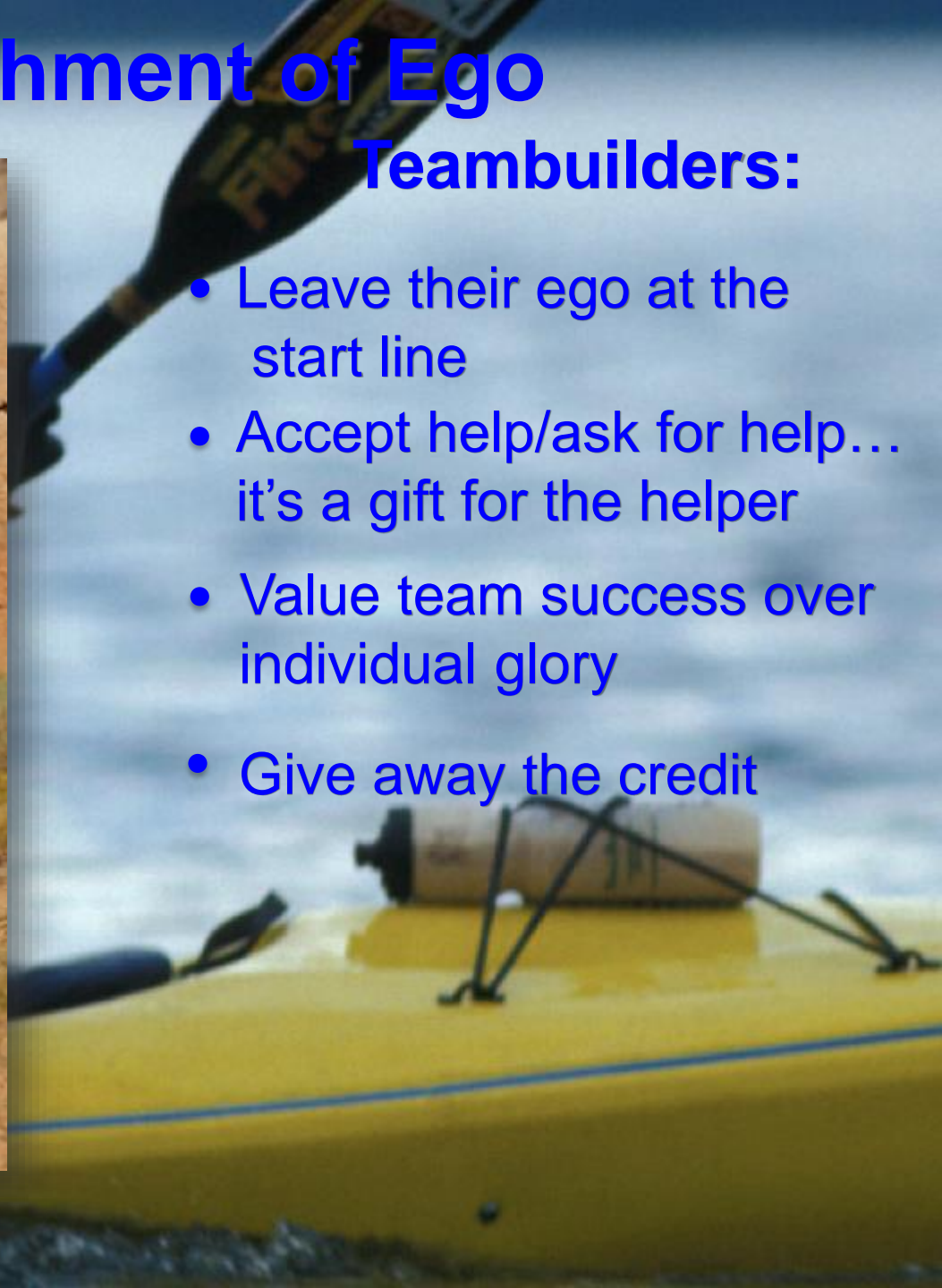


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Kinetic Leadership

- Change Leaders
 - Allow for leadership by strengths, not titles
 - "Management is doing things right, leadership is doing the right things."*

-Peter Drucker

- Change Leadership Styles
 - Lead like Tiger!

Pacesetting	Coaching
Authoritative	Coercive
Affiliative	Democratic

-Daniel Goleman, Harvard Business Review



“Far better to dare mighty things, to win glorious triumphs, even though checkered by failure, than to take rank with those poor souls who neither enjoy much nor suffer much...in the grey twilight that knows not victory nor defeat.”

~Theodore Roosevelt



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